

O*NET

a tool for career exploration

The **Interest Analyzer** is designed to help you find out what your interests are, and how they relate to the world of work. The Interest Analyzer helps you decide what kinds of occupations and careers you might want to explore.

To identify your interests you will be presented with a series of questions about work activities some people perform on their jobs. You will need to read each question carefully and decide whether or not you would like to perform the work activity.

When you complete the Analyzer you will get scores for six work interest. The scores indicate how important each of the work interests is to you. In addition to your scores you can display a list of occupations that are linked with your work interests. This list can help you explore careers options. The more a job agrees with your interests the more likely you are to be satisfied with the job.

From the Maryland Workforce Exchange - <https://mwejobs.maryland.gov/> select the following steps:

- Register with mwe and create a user account.
- Select **Career & Workforce Information** from the mwe homepage.
- Click **Career Explorer** - select this option to learn what career or type of job best suits you as well as areas for which you might want to receive more training and education.
- Click **Match Your Interests and Work Values** - answer a series of questions to determine your abilities, interests and work values and then find a career or occupation that best suits you as well as areas for which you might want to receive more training and education.
- Click **Your Interests** - explore the type of work activities that you like and find exciting and view occupations that will satisfy these interests. The process of determining your interest profile usually takes 15 minutes.
- Please print the results!

O*net is also available at: <http://www.uswib.org/> . Look for the  icon in the center at the bottom of the homepage.

